

Information sheet for the course Communication in Nursing

University: <i>Alexander Dubček University of Trenčín</i>																									
Faculty: <i>Faculty of Health Care</i>																									
Course unit code: <i>KomOše/d</i>	Course unit title: <i>Communication in Nursing</i>																								
Type of course unit: <i>compulsory</i>																									
Planned types, learning activities and teaching methods: <i>Lecture: 1 hour weekly/13 hours per semester of study; full-time</i> <i>Seminar: 1 hour weekly/13 hours per semester of study; full-time</i>																									
Number of credits: <i>2</i>																									
Recommended semester: <i>2nd semester in the 1st year (full-time)</i>																									
Degree of study: <i>I (bachelor)</i>																									
Course prerequisites: <i>none</i>																									
Assessment methods: <i>100 points</i>																									
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td colspan="2" style="text-align: center;">Terms of completing the course</td> </tr> <tr> <td style="text-align: center;">Activities</td> <td style="text-align: center;">Number of points</td> </tr> <tr> <td>Written test examination</td> <td style="text-align: center;">50</td> </tr> <tr> <td>Examination</td> <td style="text-align: center;">50</td> </tr> <tr> <td>total</td> <td style="text-align: center;">100</td> </tr> <tr> <td colspan="2" style="text-align: center;"><i>Score</i></td> </tr> <tr> <td>100 - 94 %</td> <td style="text-align: center;">A</td> </tr> <tr> <td>93 - 88 %</td> <td style="text-align: center;">B</td> </tr> <tr> <td>87 - 82 %</td> <td style="text-align: center;">C</td> </tr> <tr> <td>81 - 76 %</td> <td style="text-align: center;">D</td> </tr> <tr> <td>75 - 70 %</td> <td style="text-align: center;">E</td> </tr> <tr> <td>69 - 0 %</td> <td style="text-align: center;">FX</td> </tr> </table>		Terms of completing the course		Activities	Number of points	Written test examination	50	Examination	50	total	100	<i>Score</i>		100 - 94 %	A	93 - 88 %	B	87 - 82 %	C	81 - 76 %	D	75 - 70 %	E	69 - 0 %	FX
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Results of the education: <i>A student will acquire knowledge about communication and communication skills. The student is able to analyse elements of verbal and non-verbal communication. They can demonstrate training in communication skills, empathic and assertive behaviour on model situations. The student can use specifics of communication with an aggressive patient and physically, sensually and mentally disabled patient.</i>																									
Outline of the course:																									
<ol style="list-style-type: none"> <i>1. Communication and its purpose in interpersonal relationships. Characteristic of social communication.</i> <i>2. Communication process. Verbal communication. Characteristic of verbal communication, speech functions. Word speech, paralinguistic ways of speech.</i> <i>3. Communication process. Non-verbal communication. Characteristic of non-verbal communication. Categorization of non-verbal language.</i> <i>4. Communication in nursing care. Training of communication skills and their use. The purpose of communication in nursing care.</i> <i>5. Empathy and its use in interpersonal relationships. Specific elements of empathy in an approach to a patient.</i> <i>6. Communication in relation to nursing process. Consideration and diagnostics of</i> 																									

communication problems.

7. *Assertive behavior in nurse profession. Analysis of assertiveness and assertive behavior training.*
8. *Conflicts and their solving.*
9. *Aspects of psychotherapeutic relationship and communication in a nurse's approach to a patient. Conversation between a nurse and a patient and its analysis. Typology of nurse's answers.*
10. *Evaluation and devaluation in social communication. Nurse's communication with an aggressive patient.*
11. *Specifics of communication with a physically, sensually or mentally disabled patient.*
12. *Nurse's communication with a child patient, senior and relatives of a patient.*
13. *Burnout syndrome as a danger for a health-care worker – a nurse.*

Recommended of required reading:

1. *DAŠKOVÁ, M. – VARJASSYOVÁ, K. a kol. 2013. Špecifická komunikácie na linke tiesňového volania. Bratislava: Herba, spol. s r.o., 2013. 124 s. ISBN 978-80-89631-06-3.*
2. *ELLIS, A. 2002. Trénink emocií. 1. vyd. Praha : Portál, s r.o., 2002. 200 s. ISBN 80-7178-646-2.*
3. *KRISTOVÁ, J. 2009. Komunikácia v ošetrovatel'stve. Martin : Osveta, 2009. 182 s. ISBN 80-8063-160-3*
4. *MOROVICSOVÁ, E. a kol. 2004. Komunikácia v ošetrovatel'stve. 1. vyd. Bratislava: UK v Bratislave, 2004. 140 s. ISBN 80-223-1940-6*
5. *PLEVOVÁ, I. – SLOWIK, R. 2010. Komunikace s dětským pacientem. 1. vydání. Praha : Grada Publishing, a.s., 2010. 256 s. ISBN 978-80-247-2968-8.*
6. *POKORNÁ, A. 2010. Komunikace se seniory. 1. vydání. Praha : Grada Publishing, a.s., 2010. 160 s. ISBN 978-80-247-3271-8.*
7. *PTÁČEK, R. – BARTUŇEK, P. a kol. 2011. Etika a komunikace v medicíně. Praha : Grada Publishing, a.s., 2011. 528 s. ISBN 978-80-247-3976-2.*
8. *SLOWIK, J. 2007. Speciální pedagogika. Praha : Grada Publishing, a.s., 2007. 160 s. ISBN 978-80-247-1733-3.*
9. *VENGLÁŘOVÁ, M. - MAHROVÁ, G. 2006. Komunikace pro zdravotní sestry. Praha : Grada Publishing, a.s., 2006. 144 s. ISBN 80-247-1262-8.*
10. *WERNEROVÁ, I. 2010. Komunikace pro každého. 1. vyd. Computer Media spol. s r.o., 2010. 240s. ISBN 978-80-7402-064-3.*
11. *VYBÍRAL, Z. 2005. Psychologie komunikace. 1. vyd. Praha : Portál, s r.o., 2005. 320 s. ISBN 80-7178-998-4.*

Language: Slovak

Notes: *the course is taught in summer semester. It is necessary to divide students into groups of 20 – 22 people for seminar.*

Evaluation history: *Number of evaluated students: 370*

A	B	C	D	E	FX
200	67	41	14	15	33
54%	18%	11%	4%	4%	9%

Lectures:

PhDr. Kamila Jurdiková

Last modification: 22.4.2014

Supervisor: *doc. PhDr. Dagmar Mastiliaková, PhD.*