

## Information sheet for the course Fundamentals of Basal Stimulation in Nursing Care

<b>University:</b> <i>Alexander Dubček University of Trenčín</i>																							
<b>Faculty:</b> <i>Faculty of Health Care</i>																							
<b>Course unit code:</b> <i>ZBazStOse/e</i>	<b>Course unit title:</b> <i>Fundamentals of Basal Stimulation in Nursing Care</i>																						
<b>Type of course unit:</b> <i>compulsory</i>																							
<b>Planned types, learning activities and teaching methods:</b> <i>Seminar: 1 hour weekly/13 hours per semester of study; full-time</i> <i>Supervised practical output: 5 hours weekly/65 hours per semester of study; full-time</i>																							
<b>Number of credits:</b> <i>2</i>																							
<b>Recommended semester:</b> <i>3<sup>st</sup> semester in the 2<sup>st</sup> year (part-time)</i>																							
<b>Degree of study:</b> <i>II (magister)</i>																							
<b>Course prerequisites:</b> <i>none</i>																							
<b>Assessment methods:</b> <i>100 points</i>																							
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td colspan="2">Terms of completing the course</td> </tr> <tr> <td style="width: 50%;"><b>Activities</b></td> <td style="width: 50%;"><b>Number of points</b></td> </tr> <tr> <td>Written test examination</td> <td>100</td> </tr> <tr> <td><b>total</b></td> <td>100</td> </tr> <tr> <td colspan="2"><i>Score</i></td> </tr> <tr> <td>100 - 94 %</td> <td>A</td> </tr> <tr> <td>93 - 88 %</td> <td>B</td> </tr> <tr> <td>87 - 82 %</td> <td>C</td> </tr> <tr> <td>81 - 76 %</td> <td>D</td> </tr> <tr> <td>75 - 70 %</td> <td>E</td> </tr> <tr> <td>69 - 0 %</td> <td>FX</td> </tr> </table>		Terms of completing the course		<b>Activities</b>	<b>Number of points</b>	Written test examination	100	<b>total</b>	100	<i>Score</i>		100 - 94 %	A	93 - 88 %	B	87 - 82 %	C	81 - 76 %	D	75 - 70 %	E	69 - 0 %	FX
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<b>Results of the education:</b> <i>A student will acquire a skill to define basic elements of the Basal Stimulation concept and understand their mutual relationship and purpose for providing structured nursing care. The student can see connections between individual subject fields (psychology, physiology, neurology, pedagogy,...) and their use in the Basal Stimulation concept. The student can apply basic nursing interventions with the use of the Basal Stimulation concept with the goal of providing quality nursing care.</i>																							
<b>Outline of the course:</b>																							
<ol style="list-style-type: none"> <li>1. <i>Contemporary understanding of nursing care and philosophy of basal stimulating nursing care. The use of basal stimulation in nursing care.</i></li> <li>2. <i>Planning and documenting in nursing care. Biographic anamnesis of a patient and its purpose in providing nursing care. Construction of biographical anamnesis.</i></li> <li>3. <i>Basic elements of the Basal Stimulation concept.</i></li> <li>4. <i>The use of somatic stimulation in the basic nursing care.</i></li> <li>5. <i>Complete bath relaxing. Complete bath stimulating.</i></li> <li>6. <i>Positioning (position nest, mummy), massage (massage stimulating breathing).</i></li> <li>7. <i>The use of vestibular stimulation in the basic nursing care.</i></li> <li>8. <i>The use of vibration stimulation in the basic nursing care.</i></li> <li>9. <i>Optical stimulation.</i></li> <li>10. <i>Auditive stimulation.</i></li> <li>11. <i>Oral stimulation.</i></li> </ol>																							

12. *Olfactory stimulation.*  
 13. *Tactile-haptic stimulation.*

**Recommended of required reading:**

1. FRIEDLOVÁ, K.: *Bazální stimulace v základní ošetrovatelské péči.* Praha: Grada, 2007. 168 s. ISBN 978-80-247-1314-4.
  2. FRIEDLOVÁ, K.: *Bazální stimulace pro učitele předmětu ošetrovatelství. I. a II. díl.* Institut Bazální stimulace, 2005. 100 s. ISBN: 80-239-6132-2.
  3. FRIEDLOVÁ, K.: *Stimulace vnímání.* In Fendrychová, J a kol. *Péče o kriticky nemocné dítě.* 1.vyd. Brno: NCONZO, 2005. ISBN 80-7013-427-5, s.112 – 119.
  4. PROCHÁZKOVÁ, E.: *Bazální stimulace.* In *Sestra.* ISSN 1335-9444. 2007, roč. 6, č.5-6, s.12-13.
  5. PROCHÁZKOVÁ, E.: *Bazální stimulace v práci sestry.* In *Sestra.* ISSN 1335-9444. 2007, roč. 6, č. 7-8, s. 12-13.
  6. PROCHÁZKOVÁ, E.: *Bazální stimulace.* In *Sestra.* ISSN 1335-9444. 2007, roč. 6, č.9-10, s.12-13.
  7. PROCHÁZKOVÁ, E.: *Bazální stimulace.* In *Sestra.* ISSN 1335-9444. 2007, roč. 6, č.11-12, s.12-13.
- Journals – Sestra (ČR), Sestra (SR), Sestra a lékař v praxi (SR)*

**Language:** *Slovak*

**Evaluation history:** *Number of evaluated students: 413*

A	B	C	D	E	FX
81.6 %	15.5 %	2.66 %	0.0 %	0.0 %	0.24 %

**Lectures:**

*PhDr. Kamila Jurdíková, PhDr. Katarína Gerlichová, PhD., PhDr. Mariana Mišinová, PhD.*

**Last modification:** *22.4.2014*

**Supervisor:** *prof. MUDr. Adriana Ondrušová, PhD.*